

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



June 11th 2026

LBG Canberra 2026 Sunday June 7th

The QRWC again punched above its weight at the annual LBG Carnival in Canberra on Sunday bringing home a swag of medals and trophies with Millie Sharpe (U20 10km & U20 5km) and Koby Irvine (U18km & U20 5km) dual winners on the day in individual events.

The half marathon & marathon events started the day in a brisk 0 degrees with reports that it seemed to get colder after the first hour. Brenda and Phoebe lead the way for the club with Brenda 1st in the Masters and coming away with a number of new records over this new distance - a new QMA record, the Irish Masters record and possibly a QA open record and an Irish Open record.

QRWC walkers were successful in winning teams and handicap awards across the age groups and in Masters events.

Congratulations to every QRWC athlete that competed in Canberra on Sunday, we are very proud of you all.

QRWC Placegetters

Masters Half Marathon 1 Brenda Gannon QRWC 2:17:12

Handicap 1 Brenda Gannon QRWC 2 Phoebe Chadwick QRWC

Team Results 2 QRWC1 11 Brenda Gannon Phoebe Chadwick

Women's Under 20 10 Km 1 Milly Sharpe QRWC 0:56:11

Women's Masters 10 Km 2 Anne Weekes QRWC 1:02:25

Handicap Girls U14 2km 1 Nina Trickey QRWC

Handicap Girls 16 3km 2 Nina Trickey QRWC

Team Results Girls U16 3km 3 QRWC1 16 Violet Conway Izzy Blackburn Nina Trickey

Men's Under 18 5 Km 1 Koby Irvine QRWC 0:24:32

Women's Under 18 5 Km 2 Eliza Kelly QRWC 0:27:34

Masters Women's 5km 2 Brenda Gannon QRWC 0:31:06

Handicap Women's 5km 1 Trish Hibbs QRWC

Team Results Women's Open 5km 3 QRWC 10 Phoebe Chadwick Brenda Gannon

Men's Under 20 5 Km 1 Koby Irvine QRWC 0:25:37

Women's Under 20 5 Km 1 Milly Sharpe QRWC 0:26:11

2 Eliza Kelly QRWC 0:29:09

Team Women's U20 1 QRWC1 3 Milly Sharpe Eliza Kelly

Masters Teams Women's 5km 3 QRWC Claire Chadwick Trish Hibbs

RESULTS RESULTS RESULTS

Athletics Australia Marathon Walk Championships

Open Women's Marathon Race Walk

No starters

Open Men's Marathon Race Walk

1. Teodorico Caporaso ITA 3:08:30
2. Rhydian Cowley AUS 3:16:30
3. Carl Gibbons AUS 3:17:31
4. Tristin Camilleri AUS 3:56:56
- Chia-Wei Hsu TPE DNF

LBG Carnival 2026 Results June 7th Canberra

Open Mens Marathon

- 1 Teodorico Caporaso Italy 3:08:30
- 2 Rhydian Cowley VIC 3:16:30
- 3 Carl Gibbons IND/NSW 3:17:31
- 4 Tristan Camilleri SA 3:56:56

Masters Outright Results

- 1 Teodorico Caporaso Italy 3:08:30
- 2 Rhydian Cowley VIC 3:16:30

Open Mens Half Marathon

- 1 Tim Fraser ACT 1:30:57
- 2 Dylan Richardson NSW 1:32:07
- 3 Yu-Jen CHENG Chinese Taipei 1:36:30
- 4 Joel Byatt NSW 1:36:39
- 5 Jack McGinniskin NSW 1:37:53
- 6 Alejandro Stephens VIC 1:58:38
- 7 Brendan Pospischil NSW 2:09:34
- 8 Peter Crump SA 2:36:41

Handicap

- 1 Brendan Pospischil NSW
- 2 Jack McGinniskin NSW
- 3 Joel Byatt NSW

Masters Half Marathon

- 1 Peter Crump SA 2:36:41

Team Results

- 1 NSW1 7 Dylan Richardson Jack McGinniskin
- 2 NSW2 11 Joel Byatt Brendan Pospischil

Capital Athletics Half Marathon

- 1 Tim Fraser ACT 1:30:5

Open Women's Half Marathon

- 1 Chelsea Roberts NSW 1:47:01
- 2 Kate Siviour VIC 1:50:43
- 3 Hana Jugovic ACT 1:54:48
- 4 Laelia Byatt NSW 2:01:57
- 5 Brenda Gannon QRWC 2:17:12
- 6 Phoebe Chadwick QRWC 2:23:03

Masters Half Marathon

- 1 Brenda Gannon QRWC 2:17:12

Handicap

- 1 Brenda Gannon QRWC

2 Phoebe Chadwick QRWC

3. Laelia Byatt NSW

Team Results

1 NSW1 5 Chelsea Roberts Laelia Byatt

2 QRWC1 11 Brenda Gannon Phoebe Chadwick

Capital Athletics Results

1 Hana Jugovic ACT 1:54:48

Mens Under 20 10 Km

1 Cooper Rech SA 0:51:05

2 Alexander Sinnott IND/NSW 0:53:18

3 Aidan Pospischil NSW 0:59:22

Women's Under 20 10 Km

1 Milly Sharpe QRWC 0:56:11

2 Jessica Loring NSW 0:58:45

3 Ariana Pashutina VIC 1:00:16

4 Laura Sotomayor NSW

Handicap

1 Laura Sotomayor NSW

Team Results

1 NSW1 6 Jessica Loring Laura Sotomayor

Mens Masters 10 Km

1 Andrew Duncan WA 0:56:53

Fitness10 Km

1 Richard Fletcher ACT 1:17:57

2 Robert Kennelly IND 1:37:4

Womens Masters 10 Km

1 Michelle Bray ACT 0:50:35

2 Anne Weekes QRWC 1:02:25

Capital Athletics Results

1 Michelle Bray ACT 0:50:35

Women's Masters Fitness10 Km

1 Caroline Campbell ACT 1:32:11

Boys Under 10 1 Km

1 Carsen Luketic NSW 0:05:26

2 Arthur Green ACT 0:06:07

3 Edward Pratt NSW 0:08:19

Team Results

1 NSW1 4 Carsen Luketic Edward Pratt

Girls Under 10 1 Km

1 Taylah Bremner VIC 0:05:13

2 Isabelle Masik NSW 0:05:19

3 Norah Edwards NSW 0:05:41

4 Cory Lewis VIC 0:06:23

5 Clementine Colgan NSW 0:07:39

Handicap

1 Clementine Colgan NSW

2 Cory Lewis VIC

Team Results

1 VIC1 5 Taylah Bremner Cory Lewis

2 NSW1 5 Isabelle Masik Norah Edward

Boys Under 12 2 Km

1 Eric Colgan NSW 0:10:04

2 Cooper Edwards NSW 0:10:27

3 Zac Anderson-Rule ACT 0:10:37

- 4 Jaiden Chahal NSW 0:10:52
- 5 Patrick Yeldham NSW 0:11:08
- 6 Saxon King SA 0:11:14
- 7 Kostya Peart NSW 0:11:20
- 8 Levi Thomas NSW 0:11:21
- 9 Felix Cianci NSW 0:11:44
- 10 Elijah Manalili NSW 0:11:46
- 11 Bowie Clarke VIC 0:12:00
- 12 Huxley Jones NSW 0:12:47

Handicap

- 1 Huxley Jones NSW
- 2 Levi Thomas NSW
- 3 Bowie Clarke VIC

Team Results

- 1 NSW1 5 Eric Colgan Jaiden Chahal Kostya Peart
- 2 NSW3 10 Cooper Edwards Levi Thomas Huxley Jones
- 3 NSW2 14 Patrick Yeldham Felix Cianci Elijah Manalili

Capital Athletics Results

- 1 Zac Anderson-Rule ACT 0:10:37

Girls Under 12 2 Km

- 1 Daisy Hooper VIC 0:10:23
- 2 Aria Di Benedetto VIC 0:10:37
- 3 Tahlia Hunt NSW 0:10:54
- 4 Lucilla Cribbin NSW 0:11:19
- 5 Laura Head IND 0:12:23
- 6 Isabelle Masik NSW 0:12:48
- 7 Willow Wiseman ACT 0:13:08
- 8 Ruby Kilworth WA 0:13:20

Handicap

- 1 Willow Wiseman ACT
- 2 Ruby Kilworth WA
- 3 Lucilla Cribbin NSW

Team Results

- 1 VIC1 3 Daisy Hooper Aria Di Benedetto
- 2 NSW1 7 Tahlia Hunt Lucilla Cribbin Isabelle Masik

Capital Athletics Results

- 1 Willow Wiseman ACT 0:13:08

Boys Under 14 2 Km

- 1 Nate Appleyard NSW 0:09:15
- 2 Eric Colgan NSW 0:09:40
- 3 Oliver Masik NSW 0:09:40
- 4 Rhys Straub NSW 0:09:58
- 5 Liam Meale NSW 0:10:12
- 6 Hugo Siciliano NSW 0:11:34
- 7 Saxon King SA 0:11:36
- 8 William Pratt NSW 0:11:42
- 9 Patrick Yeldham NSW 0:11:43

Handicap

- 1 Saxon King SA
- 2 Liam Meale NSW
- 3 Rhys Straub NSW

Team Results

- 1 NSW1 4 Nate Appleyard Oliver Masik
- 2 NSW2 6 Eric Colgan Rhys Straub Liam Meale

3 NSW3 14 Hugo Siciliano William Pratt Patrick Yeldham

Girls Under 14 2 Km

- 1 Avia Luketic NSW 0:09:31
- 2 Alaska Bremner VIC 0:10:05
- 3 Stella Wade NSW 0:10:18
- 4 Kira Ekers NSW 0:10:37
- 5 Ella Harris VIC 0:10:53
- 6 Erlyn Singh VIC 0:11:03
- 7 Clare Rice ACT 0:11:18
- 8 Violet Conway QRWC 0:11:25
- 9 Addison Jenkins NSW 0:11:28
- 10 Antonia Powter NSW 0:11:39
- 11 Anna Dubar VIC 0:12:00
- 12 Veronica Dennett NSW 0:12:03
- 13 Nina Trickey QRWC 0:12:05
- 14 Izzy Blackburn QRWC 0:12:12
- 15 Harper O'Toole VIC 0:12:14
- 16 Abby Fowler VIC 0:12:19
- 17 Harper de Sachau VIC 0:12:51
- 18 Ava Jacobson VIC 0:13:31
- 19 Rachel Pemberton SA 0:13:54
- 20 Anya Saeedi ACT 0:20:32

Handicap

- 1 Nina Trickey QRWC
- 2 Abby Fowler VIC
- 3 Harper O'Toole VIC

Team Results

- 1 NSW1 4 Avia Luketic Stella Wade Kira Ekers
- 2 VIC1 7 Alaska Bremner Ella Harris Erlyn Singh
- 3 NSW2 19 Addison Jenkins Antonia Powte

Capital Athletics Results

- 1 Clare Rice ACT 0:11:18
- 2 Anya Saeedi ACT 0:20:3

Men's Under 16 3 Km

- 1 Nate Appleyard NSW 0:14:15
- 2 Noah Vella NSW 0:14:26
- 3 Sagan Jones NSW 0:15:14
- 4 Darcy Dennis NSW 0:15:35
- 5 Sebastian Ryan ACT 0:15:38
- 6 Rhys Straub NSW 0:15:44
- 7 Oliver Masik NSW 0:16:17

Handicap

- 1 Sebastian Ryan ACT
- 2 Rhys Straub NSW
- 3 Darcy Dennis NSW

Team Results

- 1 NSW1 3 Nate Appleyard Noah Vella Sagan Jones
- 2 NSW2 11 Darcy Dennis Oliver Masik

Capital Athletics Results

- 1 Sebastian Ryan ACT 0:15:38

Women's Under 16 3 Km

- 1 Avia Luketic NSW 0:14:54
- 2 Ivy Murray NSW 0:17:08
- 3 Kira Ekers NSW 0:17:36

4 Ella Harris VIC 0:18:17
5 Violet Conway QRWC 0:18:23
6 Kobe Lewis VIC 0:18:31
7 Tahlia Hunt NSW 0:18:38
8 Madison Hyland ACT 0:19:16
9 Chloe Farrugia NSW 0:19:50
10 Veronica Dennett NSW 0:20:37
11 Izzy Blackburn QRWC 0:20:59
12 Nina Trickey QRWC 0:21:01
13 Harper de Sachau VIC 0:21:13
14 Harper O'Toole VIC 0:21:59

Handicap

1 Kobe Lewis VIC
2 Nina Trickey QRWC
3 Chloe Farrugia NSW

Team Results

1 NSW1 3 Avia Luketic Ivy Murray Kira Ekers
2 VIC1 10 Ella Harris Kobe Lewis
3 QRWC1 16 Violet Conway Izzy Blackburn Nina Trickey

Capital Athletics Results

1 Madison Hyland ACT 0:19:16

Mens Under 18 5 Km

1 Koby Irvine QRWC 0:24:32
2 Christopher Nilon NSW 0:24:50
3 Luke Challinor NSW 0:39:13

Team Results

1 NSW1 5 Christopher Nilon Luke Challinor

Women's Under 18 5 Km

1 Jillian Ryan ACT 0:26:59
2 Eliza Kelly QRWC 0:27:34
3 Erin Cassilles NSW 0:29:55
4 Ivy Murray NSW 0:31:37
5 Matilda Rech SA 0:33:26

Handicap

2 Ivy Murray NSW

Team Results

1 NSW1 7 Erin Cassilles Ivy Murray

Capital Athletics Results

1 Jillian Ryan ACT 0:26:5

Men's Fitness 5 Km

1 John Nilon NSW 0:41:54
2 Doug Fitzgerald ACT 0:45:07
3 Geoff Barker ACT 0:48:35

Women's Fitness 5 Km

Masters Outright Results

1 Isabelle Nilon NSW 0:35:39
2 Nicole Nilon NSW 0:39:26

Open & Masters Men's 5Km

1 Tim Fraser ACT 0:19:34
2 Dylan Richardson NSW 0:20:38
3 Jack McGinniskin NSW 0:22:48
4 Christopher Nilon NSW 0:26:27
5 Shaun Lewis VIC 0:27:47
6 Peter Crump SA 0:34:55

Handicap

- 1 Peter Crump SA
- 2 Shaun Lewis VIC
- 3 Christopher Nilon NSW

Masters Outright Results

- 1 Shaun Lewis VIC 0:27:47
- 2 Peter Crump SA 0:34:55

Team Results

- 1 NSW1 5 Dylan Richardson Jack McGinniskin Christopher Nilon

Capital Athletics Results

- 1 Tim Fraser ACT 0:19

Open & Masters Women's 5Km

- 1 Chelsea Roberts NSW 0:23:06
- 2 Hana Jugovic ACT 0:25:00
- 3 Jade Chitty VIC 0:25:31
- 4 Phoebe Chadwick QRWC 0:28:50
- 5 Ann Staunton ACT 0:29:00
- 6 Brenda Gannon QRWC 0:31:06
- 7 Ariana Pashutina VIC 0:31:28
- 8 Jessica Robson ACT 0:32:41
- 9 Trish Hibbs QRWC 0:32:59
- 10 Madelaine Colgan NSW 0:34:21
- 11 Nicolle Challinor NSW 0:37:22
- 12 Rachel Pemberton SA 0:38:40
- 13 Emily Challinor NSW 0:39:56
- 14 Claire Chadwick QRWC 0:47:24

Handicap

- 1 Emily Challinor NSW
- 2 Nicolle Challinor NSW
- 3 Ann Staunton ACT

Masters

- 1 Ann Staunton ACT 0:29:00
- 2 Brenda Gannon QRWC 0:31:06
- 3 Jessica Robson ACT 0:32:41
- 4 Trish Hibbs QRWC 0:32:59
- 5 Madelaine Colgan NSW 0:34:21
- 6 Nicolle Challinor NSW 0:37:22
- 7 Claire Chadwick QRWC 0:47:24

Handicap

- 1 Trish Hibbs QRWC
- 2 Jessica Robson ACT
- 3 Madelaine Colgan NSW

Team Results

- 1 ACT1 7 Hana Jugovic Ann Staunton Jessica Robson
- 2 VIC1 10 Jade Chitty Ariana Pashutina
- 3 QRWC 10 Phoebe Chadwick Brenda Gannon

Masters Team Results

- 1 ACT1 4 Ann Staunton Jessica Robson
- 2 NSW1 11 Madelaine Colgan Nicolle Challinor
- 3 QRWC Claire Chadwick Trish Hibbs

Capital Athletics Results

- 1 Hana Jugovic ACT 0:25:00
- 2 Ann Staunton ACT 0:29:00
- 3 Jessica Robson ACT 0:32:41

Men's Under 20 5 Km

- 1 Koby Irvine QRWC 0:25:37
- 2 Cooper Rech SA 0:26:42
- 3 Aidan Pospischil NSW 0:29:1

Women's Under 20 5 Km

- 1 Milly Sharpe QRWC 0:26:11 1
- 2 Eliza Kelly QRWC 0:29:09
- 3 Ivy Murray NSW 0:36:22
- 4 Sarah Challinor NSW 0:39:35

Handicap

Sarah Challinor NSW

Team Results

- 1 QRWC1 3 Milly Sharpe Eliza Kelly
- 2 NSW1 7 Ivy Murray Sarah Challino

A Thank You message from the RWA President

*As the sun sets on the 59th Edition of the LBG Race Walking Carnival, I would like to take this opportunity to express my sincere thanks and gratitude to all our members, volunteers, officials, supporters, and partners who contributed to making the weekend such a success. Firstly, a huge thank you to **Kai Ryan**, who has been an absolute legend throughout the preparations leading up to and during the successful carnival on Sunday, 7 June 2026. His organisational expertise and experience were paramount to the success of the weekend. He constantly kept me on task, and I am incredibly grateful for everything he has committed to over the past nine months. Kai has also been the driving force behind the inclusion of additional events within the carnival, and I hope this marks the beginning of building even stronger relationships and opportunities for the future.*

Thank you to

*The cast and crew from the **ACT Race and Fitness Walking Club**. Although Race Walking Australia assumed greater responsibility for the event this year, your support was outstanding and your execution of the day was exceptional.*

***Peter Crump** and **Peter Sharpe** for your continued support and for being actively involved in so many aspects of the planning and delivery of the carnival.*

***Jarrod Gibson** from Australian Athletics, who attended as their delegate to ensure we met all World Athletics accreditation requirements for our events.*

***Mark Donahoo**, our Meet Manager, who ensured every aspect of the carnival ran smoothly and on schedule throughout the day.*

*The officials and volunteers from Capital Athletics, including **Norm Mackie**, **Gerard Ryan**, **Nigel England**, **Jordan Cowley**, and **David Boshier**. Your experience, professionalism, and willingness to assist throughout the carnival were outstanding. Your contribution played an important role in the smooth delivery and overall success of the event, and your support was greatly appreciated.*

*Our amazing photographer, **Danielle Sibenaler**. We are all looking forward to reliving the event through the outstanding images captured through her lens.*

***Bob Cruise** and **Claire Chadwick** for collecting and collating results so efficiently, ensuring they could be uploaded and finalised in time for presentations.*

***Jaki Fraser** for liaising with the results team and preparing all presentations, and **Tim Fraser** for assisting with the presentation of medals and awards.*

***Alex Dreyer**, the man on the microphone. His commentary and announcements were first-class, informative, and added greatly to the atmosphere of the event.*

***Zoe Eastwood-Bryson**, **Kirsten Crocker**, and their team of judges and judging assistants for their professionalism and commitment throughout the carnival.*

*Our volunteer coordinators from each state: **Claire Chadwick, Shondy Anderson, Jenny Lingley, Stu Cooper, Di Camilleri, and Andrew Duncan.** Your efforts in organising volunteers were greatly appreciated.*

Every volunteer who assisted with Saturday afternoon setup, early Sunday morning preparations, lap scoring, timekeeping, call room duties, red card collection, pack down, and every other task required throughout the weekend—thank you. Events of this magnitude simply cannot happen without your willingness to contribute your time and expertise.

*Our event sponsors: **Mercure Belconnen, The Running Company, and Impi.** Your support is invaluable and greatly appreciated.*

*Our education presenters **Mark Donahoo, Zoe Eastwood-Bryson, Kirsten Crocker, and David Beacroft** for generously giving their time to conduct coaching, judging, and training seminars on Saturday. Everyone I spoke with thoroughly enjoyed the sessions and found them highly informative and valuable.*

Please accept my apologies if I have unintentionally missed anyone in this acknowledgement. To all our members, volunteers, officials, and supporters, please accept my sincere appreciation and gratitude for your contribution to this year's LBG Carnival. Your support, expertise, dedication, and professionalism are invaluable. Sunday was a massive undertaking, and an event of this scale could not occur without the commitment of so many people working together toward a common goal.

*As mentioned during the carnival, the LBG Carnival will be undergoing a name change. With this comes an exciting vision for the future as we continue to grow and develop this iconic event. Preparations for next year's milestone **60th Carnival** will commence very soon, and we look forward to building on the success of this year's event.*

*I look forward to seeing many of you again and encourage you to consider your availability for next year's Long Weekend Carnival in Canberra, scheduled for **Saturday 12 June and Sunday 13 June 2027.** Thank you once again for your support and commitment to Race Walking Australia.*

With sincere thanks,

Shane Pearson President Race Walking Australia

THIS WEEK

QRWC Handicap #6 Sunday June 14th

John Walker Place, Brisbane Corso, Yeronga

8.00am A Grade 10km

8.15am E Grade 1.5km

F Grade 1km

8.30am B Grade 5km

C Grade 3km

D Grade 2km

Enter Here

<https://www.revolutionise.com.au/qldracewalkingclub/events/363401>

We will need volunteers to judge, lap score and assist with the timekeeping on Sunday. Your help will be greatly appreciated to allow all races to start on time. Thank you.

Race Fees Members \$5

Visitors \$10 enter on the day

Get ready for race day

- Get you entry in online before midday Saturday (Members)
- Give yourself plenty of time to familiarise yourself with the course (
- If you are entering on the day please arrive 30 minutes before the start of your race.
- Existing Members don't forget wear your Race Numbers.

- New Members pick up your Race Numbers from the Check In desk (all entrants must be wearing race numbers back & front)
- Be on the start line at least 10 minutes before the scheduled start time of your race.
- Volunteer to lap score or time keep.
- Race hard & have fun.

COMING EVENTS

Handicap #7 Sunday June 21st

Aurora Boulevard Park, Expedition Drive, North Lakes

8.00am A Grade 10km

8.15am E Grade 1km

F Grade .5km

8.30am B Grade 5km

8.45am C Grade 3km

D Grade 2km

Enter Here

<https://www.revolutionise.com.au/qldracewalkingclub/events/363403>

Race Fees Members \$5

Visitors \$10 enter on the day

QRWC Handicap Meet #8 Sunday June 28th

Kalinga Park, Clayfield

7.30am A Grade 10km

8.00am E Grade 1.5km

F Grade 1km

8.15am B Grade 5km

C Grade 3km

D Grade 2km

4th Annual Coast2Coast International Meet 2026

Gold Coast Performance Centre, 1 Sports Drive, Runaway Bay

Draft Timetable

Monday 6 July 2026

9.55am - 3000m Race Walk & 5000m Race

10.30am Walks

Enter Here

[2026 Coast2Coast - Gold Coast Victory Athletics Club - revolutioniseSPORT](#)

Queensland Athletics Road Walk Championships

Sunday July 12th

Brisbane International Cycle Park, Murarrie Recreation Reserve

7.00am Half Marathon Open Men

Open Women

Masters Men (30-59)

8.00am 10km

U20 Men

U20 Women

Masters Women

Masters Men (60+)

| | |
|-------------|---|
| 9.00am 5km | U18 Men U18 Women U 16 Men U16 Women |
| 9.30am 3km | U14 Men U14 Women |
| 10.00am 2km | U12 Girls U12 Boys |
| 10.15am 1km | U10 Girls U10 Boys |

Entries Now Open

[2026 Queensland Athletics Road Walk Championships - Queensland Athletics - revolutioniseSPORT](#)

Entries close Tuesday 07 July 2026 9am

Open athletes will be doing a half marathon so they will start at a different start point (97.5m) from everyone else and do that distance plus 21 full laps of the 1km loop. so will need 2 extra "lap" slots to cover the 1st 97.5m and the extra lap.

QA will require assistance in regards to timekeeping and lapscoreing. If you are available please email info@qldathletics.org.au

Sunday July 19th Racewalking Australia Postal Challenge Logan River Parklands, Beenleigh

| | |
|---|---|
| 7.30am Open M/W 10km | U20 M/W 10km U18 M/W 8km |
| 8.00am U10 M/W 1.5km | Invitation (Non-challenge event) 500 metres |
| 8.15am Invitation 5km (non-challenge event) | U16 M/W 5km U14 M/W 3km U12 M/W 2km |

QMA Short Course Road Walks Championship Sunday July 19th Logan River Parklands, Beenleigh

This event will be held in conjunction with QRWC Postal Challenge meet.

| | |
|-----------------------------|--|
| 7.30am QMA Masters Men 10km | QMA Masters Men 5km (M60+ option) QMA Masters Women 5km |
|-----------------------------|--|

QA All Schools Road Walk Championships / QRWC Handicap #9 Sunday July 26th

Brisbane International Cycle Park, Murarrie Recreation Reserve

*The course has been officially measured and has been approved by World Athletics.
If three Silver or Bronze Race Walking Judges are officiating the results can be submitted to World Athletics.*



All Schools Road Walk Events

Under 20 10km Race Walk - Men / Women
Under 18 5km Race Walk - Men / Women
Under 16 5km Race Walk - Men / Women
Under 14 3km Race Walk - Men / Women
Under 12 2km Race Walk - Men / Women
Under 10 1km Race Walk - Men / Women

Entries Now Open

[2026 Queensland All Schools Road Walk Championships - Queensland Athletics - revolutioniseSPORT](#)

Entries close Tuesday 21 July 2026 9am

QRWC Handicap Events (Subject to change)

A Grade 10km
B Grade 5km
C Grade 3km
D Grade 2km
E Grade 1km

We will require assistance in regards to timekeeping and lapscoreing. If you are available, please email info@qldathletics.org.au

UniSC Athletics Winter Carnival

August 2nd Sippy Downs

Event medalling age groups / distances:

- 8 years - 700mW
- 9/10 years - 1100mW
- 11/12 years 1500mW
- 13/14 years - 1500mW
- 15/16 years - 1500mW
- U14, U16, U18, U20, OPEN, Masters - 3000mW

QRWC Track Championships Sunday August 9th

University of Qld St Lucia

8.00am Open M/W 5,000 metres

U20 M/W 5,000 metres

U18 M/W 5,000 metres

8.45am U16 B/G 3,000 metres

9.10am U14 B/G 1,500 metres

U12 B/G 1,500 metres

9.25am U10 B/G 1,000 metres

Age is "Age on the Day"

QRWC Handicap Meet #10 Sunday August 16th

John Frederick Park, Capalaba

7.30am A Grade M 15km

A Grade W 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km
D Grade 3km

QRWC Road Walk Championships Sunday August 30th

Logan River Parklands, Beenleigh

7.30am Open & Masters 10km
Under 20 M & W 8km
Under 18 M & W 6km
Invitation Open 5km (non-championship)
8.15am Under 10 M & W 0.75km
Under 12 M & W 1.5km
8.30am Under 14 M & W 2km
Under 16 M & W 4km

Age is "Age on the Day"

2026 WALKS CALENDAR

Walking is a simple yet powerful activity that improves heart health, strengthens muscles and bones, boosts mood, and can extend your lifespan.

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

| MONTH | DATE | EVENT | VENUE |
|----------|------------|--|---------------------|
| June | 7 | LBG Federation Meet | Mt Stromlo Canberra |
| | 14 | QRWC Handicap #6 | Yeronga |
| | 21 | QRWC Handicap #7 | North Lakes |
| | 28 | QRWC Handicap #8 | Kalinga Park |
| July | 5 | Gold Coast Marathon | Southport |
| | 12 | QA Road Walk Championships | Murarrie |
| | 19 | RWA Postal Challenge/ QMA Short course Road Walk Championships | Beenleigh |
| | 26 | QA All Schools Road Walk Championships/ QRWC Handicap #9 | TBC |
| August | 31 | Comm Games 10km Men | Glasgow |
| | 1 | Comm Games 10km Women | Glasgow |
| | 2 | UniSC Athletics Winter Carnival | Sippy Downs |
| | 8 | WA U20 Championships | Oregon USA |
| | 9 | QRWC Track Championships | UQ St Lucia |
| | 16 | QRWC Handicap #10 | Capalaba |
| | 22- Sept 3 | WMA Outdoor Championships | Daegu. South Korea |
| | 23 | AA Junior Road Walk C/Ships | Ballarat |
| | 30 | QRWC Road Walk C/Ships | Beenleigh |
| | September | 6 | Father's Day |
| 13 | | Presentations/Relays/BBQ Day | Sandgate Lagoon |
| November | 8 | PPMG 10km Road Walk | Runaway Bay |
| December | 4-6 | AA All Schools Championships | Perth |

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

2026 World Under 20 Championships Eugene, USA 5th – 9th August

Australian Race Walking Team

5,000m Racewalk Men: Isaac Beacroft (NSW), Owen Toyne (ACT)

5,000m Racewalk Women: Sophie Polkinghorne (NSW), Zoe Woods (NSW)



WMA Outdoor Championships August 22-September 3 Daegu Stadium, Daegu S.K.

Entries close 23rd June

Walk Schedule

August 22nd 10km Road Walk

August 29th 20km Road Walk

September 2nd 5,000 metre Track Walk

Key Dates for Daegu

- WMA Daegu Entries close Tuesday, June 23rd
- Opening Ceremony Daegu 21st August 2026
- Championship dates: August 22nd - September 3rd 2026



ENTER HERE <https://entermastersgames.com/>

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Track & Field

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (PM)

A final program of events including event start times will be available after entries have closed

Games Fees

- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)
\$25 for each additional event
- **10km Road Walk** \$30

2027 Oceania Masters Athletics Championships Christchurch New Zealand



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January,
Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025 (7.1km from CBD)

DRAFT PROGRAMME

Wednesday 27th January 2027 3,000m Track Walk

Friday 29th January 2027 1,500m Track

Sunday 31st January 2027 5,000m Track Walk

Early Bird Registration Open (1st September 2026) NZD \$60.00

Normal Registration (26th October 2026) NZD \$90.00

Event Fee NZD \$20.00

Entries CLOSE Sunday 13th December 2026

Masters accommodation special

Oceania Masters Track & Field Championships - Accor Meetings & Events

“Just a 7 minute drive to Nga Puna Wai and on a major bus route, BreakFree on Cashel is delighted to welcome the participants and supporters coming to the Oceania Masters Track & Field Championships 2027 with discounted rates available from 25th - 31st January 2027. We are pleased to offer a preferred accommodation discount of 10% off the Best Unrestricted (Flexible) Rate of the day which can be booked and paid via this dedicated platform. Experience a non-traditional yet stylish and vibrant hotel, located right in Christchurch CBD. “*

Important Masters Meets in 2027

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.

[Perth 2027 | Australian Masters Athletics Championships](#)

QRWC Handicap Meets and Points

- At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.
- Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table.
The member placed 1st, based on the handicap results, receives the highest points
- Starting points are awarded for starting the event.
- Completed points are awarded for finishing the race distance.
- The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.
- To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.
- An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

Racewalking Queensland Management Committee 2026/27

President: P Bennett

Vice President: B Gannon

Secretary: N. McKinven

Treasurer: N. McKinven

Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick / C Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000. [Individuals requiring a blue card | Your rights, crime and the law | Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

- Noela McKinven Walks Level 4
- Robyn Wales Walks Level 3
- Shane Pearson Walks Level 3
- Steve Langley Walks Level 3 Performance coach
- Jasmine-Rose McRoberts Level 2 Club coach
- Argenis Guevara Level 2 Development coach
- Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.